

Social and Emotional Learning (SEL) Scale for Teachers

Please read the following definition:

Social and Emotional Learning (SEL) refers to the development of skills related to recognizing and managing emotions, developing care and concern for others, establishing positive relationships, making responsible decisions, and handling challenging situations constructively.

With this definition in mind, please read the following statements and think about how true each is for YOU. Rate the extent to which you **agree** or **disagree** with each statement.

YOUR RESPONSES TO THIS SURVEY ARE CONFIDENTIAL
Completely fill in the bubble that corresponds with your response.

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree
1. My school expects teachers to address children’s social and emotional needs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. The culture in my school supports the development of children’s social and emotional skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. All teachers should receive training on how to teach social and emotional skills to students.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I would like to attend a workshop to develop my own social and emotional skills.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Taking care of my students’ social and emotional needs comes naturally to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. My principal creates an environment that promotes social and emotional learning for our students.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I am comfortable providing instruction on social and emotional skills to my students.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Informal lessons in social and emotional learning are part of my regular teaching practice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. I feel confident in my ability to provide instruction on social and emotional learning.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. My principal does not encourage the teaching of social and emotional skills to students.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. I want to improve my ability to teach social and emotional skills to students.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. I would like to attend a workshop to learn how to develop my students’ social and emotional skills.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please write your name here: _____